



February 2017

THREE RIVERS ELEMENTARY MENU



Monday Meal Prices	Tuesday	Wednesday	Thursday	Friday
Breakfast \$1.25 Lunch \$2.40 Snack or Juice \$.85		****Breakfast**** 1 Quaker Breakfast Bar (Oatmeal/Oatmeal Choc Chip) Raisins 100 % Fruit Juice (4 oz) Milk, Low Fat and Fat Free ****Lunch**** Cheese and Pepperoni Calzone Marinara Sauce Green Beans Tossed Salad Pears Raisins Milk, Low Fat and Fat Free	****Breakfast**** 2 Kellogg's Pop Tart and Sausage Pattie Fresh Orange Smiles (4) 100 % Fruit Juice (4 oz) Milk, Low Fat and Fat Free ****Lunch**** Chili 3 Way Fresh Side Salad Carrot Sticks with Ranch Corn Mandarin Oranges Deluxe Fruit Salad Milk, Low Fat and Fat Free	****Breakfast**** 3 Trix Yogurt and Scooby Doo Graham Sticks Peaches 100 % Fruit Juice (4 oz) Milk, Low Fat and Fat Free ****Lunch**** "Real Slice" Pepperoni Pizza Steamed Broccoli Fresh Celery with Peanut Butter Fresh Mixed Greens Peaches Fresh Fruit Milk, Low Fat and Fat Free
****Breakfast**** 6 Flapstick (Pancake and Sausage on a Stick) Assorted Fresh Fruit 100 % Fruit Juice (4 oz) Milk, Low Fat and Fat Free ****Lunch**** Chicken Smackers (10) with Baked Mini Soft Pretzel Cheesy Potatoes Fresh Mixed Greens with Cherry Tomatoes Applesauce Fresh Fruit Milk, Low Fat and Fat Free	****Breakfast**** 7 Eggo French Toast Minis Chocolate Chip Applesauce 100 % Fruit Juice (4 oz) Milk, Low Fat and Fat Free ****Lunch**** Cheeseburger on Bun Steamed Carrots Green Beans Tossed Salad Fresh Apple Deluxe Fruit Salad Milk, Low Fat and Fat Free	****Breakfast**** 8 Breakfast Pizza Peaches 100 % Fruit Juice (4 oz) Milk, Low Fat and Fat Free ****Lunch**** Brunch: French Toastix (4) w/Syrup and Sausage Pattie and Scrambled Eggs Baked Tater Tots Fresh Broccoli Fresh Side Salad Chilled Strawberries Raisins Milk, Low Fat and Fat Free	****Breakfast**** 9 Warm Cinnamon Toast (2) Fruit Cocktail 100 % Fruit Juice (4 oz) Milk, Low Fat and Fat Free ****Lunch**** Breaded Chicken Pattie on Bun Carrot Sticks with Ranch Baked Beans (1/2 cup) Tossed Salad Peaches 100% Fruit Juice, 4 oz. Milk, Low Fat and Fat Free	****Breakfast**** 10 Sausage Biscuit Chilled Strawberries 100 % Fruit Juice (4 oz) Milk, Low Fat and Fat Free ****Lunch**** 3 Cheese Pizza Boat Marinara Sauce Corn Fresh Mixed Greens Assorted Fresh Fruit Pears Milk, Low Fat and Fat Free
****Breakfast**** 13 Pillsbury Mini Cinnis Applesauce 100 % Fruit Juice (4 oz) Milk, Low Fat and Fat Free ****Lunch**** Rotini with Meat Sauce and Dinner Roll Steamed Carrots Broccoli Salad with Veggies Deluxe Fruit Salad Applesauce Milk, Low Fat and Fat Free	****Breakfast**** 14 Quaker Breakfast Bar (Oatmeal/Oatmeal Choc Chip) Assorted Fresh Fruit 100 % Fruit Juice (4 oz) Milk, Low Fat and Fat Free ****Lunch**** Grilled Cheese Sandwich Tomato Soup Fresh Mixed Greens Fresh Celery with Peanut Butter 100% Fruit Juice, 4 oz. Fresh Fruit Milk, Low Fat and Fat Free	****Breakfast**** 15 Pillsbury Cream Cheese Filled Mini Bagel Chilled Pear Cup (1/2 cup) 100 % Fruit Juice (4 oz) Milk, Low Fat and Fat Free ****Lunch**** Chicken Nuggets (5) with Baked Mini Soft Pretzel Green Beans Carrot Sticks with Ranch Fresh Mixed Greens Fresh Apple Mandarin Oranges Milk, Low Fat and Fat Free	****Breakfast**** 16 Pillsbury Mini-Maple Burstin Pancakes Chilled Strawberries 100 % Fruit Juice (4 oz) Milk, Low Fat and Fat Free ****Lunch**** Taco Beef Nachos with Cheese Baked Beans (1/2 cup) Fresh Mixed Greens with Cherry Tomatoes Chilled Strawberries Deluxe Fruit Salad Milk, Low Fat and Fat Free	****Breakfast**** 17 (Empty cell)
NO SCHOOL PRESIDENT'S DAY 20	****Breakfast**** 21 Trix Yogurt and Scooby Doo Graham Sticks Applesauce 100 % Fruit Juice (4 oz) Milk, Low Fat and Fat Free ****Lunch**** Cheese Coney Fresh Side Salad Tater Tots Peas Fresh Apple Pears Milk, Low Fat and Fat Free	****Breakfast**** 22 Warm Cinnamon Toast (2) Raisins 100 % Fruit Juice (4 oz) Milk, Low Fat and Fat Free ****Lunch**** Stuffed Crust Cheese Pizza Corn on the Cob or Corn Green Beans Salad with Veggies Chilled Strawberries 100% Fruit Juice, 4 oz. Milk, Low Fat and Fat Free	****Breakfast**** 23 Kellogg's Pop Tart and Sausage Pattie Fresh Orange Smiles (4) 100 % Fruit Juice (4 oz) Milk, Low Fat and Fat Free ****Lunch**** Chicken Rings (5) with Baked Mini Soft Pretzel Carrot Sticks with Ranch Whipped Potatoes Fresh Mixed Greens Fresh Orange Smiles (2) Peaches Milk, Low Fat and Fat Free	****Breakfast**** 24 Eggo French Toast Minis Chocolate Chip Peaches 100 % Fruit Juice (4 oz) Milk, Low Fat and Fat Free ****Lunch**** Mini Corn Dogs (6) with Cherry Tomatoes Broccoli Fresh Side Salad Assorted Fresh Fruit Deluxe Fruit Salad Milk, Low Fat and Fat Free
****Breakfast**** 27 Fresh Baked Biscuit with Gravy Chilled Pear Cup (1/2 cup) 100 % Fruit Juice (4 oz) Milk, Low Fat and Fat Free ****Lunch**** Cheeseburger on Bun Steamed Broccoli Corn Fresh Mixed Greens 100% Fruit Juice, 4 oz. Assorted Fresh Fruit Milk, Low Fat and Fat Free	****Breakfast**** 28 Pillsbury Cream Cheese Filled Mini Bagel Fresh Fruit 100 % Fruit Juice (4 oz) Milk, Low Fat and Fat Free ****Lunch**** Taco Beef Nachos with Cheese Black Beans (1/2 cup) Green Beans Tossed Salad Applesauce Deluxe Fruit Salad Milk, Low Fat and Fat Free	NEW! NEW! NEW! NEW! YOU CAN NOW APPLY FOR FREE/REDUCED LUNCH ONLINE! Go to Threeiversschools.org and click on the APPLYNOW link!	LUNCH Includes: MAIN DISH 2 Fruits, 3 Vegetables and a Milk BREAKFAST Includes: MAIN DISH, 2 Fruits, and a Milk	USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER